



You can register online at www.xcellacrosse.com

2012 Girls Winter Lacrosse League

Dates: Sundays, Jan. 8, 15, 22, 29; Feb 5, 12, 19; **Playoffs Feb. 26**

Time: Games begin at 1:00, 2:00, 3:00, 4:00 & 5:00 PM

Location: TEAMWORKS - 185 Otis Street, Northborough, MA

Cost: \$125.00 per player*

Team Registration Info: 11 player minimum, 16 maximum, all forms must be turned in together. Contact chrisw@xcellacrosse.com / (508) 208-3920 for complete details.

*Add \$15 to registration if you **do not** have a valid Teamworks membership.

The **2012 Girls Winter Lacrosse League** is for players 14 -17 years old. Goggles and a mouth guard are required. Cleats or sneakers can be used on TEAMWORKS' synthetic grass surface. For more information visit www.xcellacrosse.com or contact us at **(508) 208-3920** or chrisw@xcellacrosse.com.

League Features:

- ✓ 6 v 6 indoor lacrosse (2 att, 2 def, center and goalie)
- ✓ 7 regular season games plus playoffs
- ✓ Synthetic grass surface.
- ✓ XCEL Lacrosse coaches assigned to each team
- ✓ Two 25 min running halves with a 5 minute half-time
- ✓ Up-to-date team standings and individual stats
- ✓ Games regulated by a certified officials
- ✓ Viewing area for spectators



Directions to TEAMWORKS-Northborough:

185 Otis Street, Northborough, MA 01532 • (508) 351-9800

From Boston/East

Mass Pike (I 90) to I 495 North. I 495 to Route 9 West to Westborough/Shrewsbury. Stay on Route 9 for approximately 5 miles. Right at Fountainhead Apartments onto Otis St. TEAMWORKS - 200 yards on right.

From Worcester/West

From downtown take route 9 East into Westborough, approximately 6 miles. The first light after Route 20 (Wal-Mart on left), take a left onto Otis St. TEAMWORKS - 200 yards on right.

From Northwest of Worcester

Take 190 South to 290 West to route 9 East into Westborough, approximately 6 miles. Left at light just past the Target onto Otis St. TEAMWORKS - 200 yards on right across from WalMart.

From routes 495 or 85

Travel to route 9. Take route 9 West. Stay on Route 9 for approximately 5 miles. Right at Fountainhead Apartments onto Otis St. TEAMWORKS - 200 yards on right.



2012 Girls Winter Lacrosse League

Cost:
\$125.00

Mail registration form along with check made payable to TEAMWORKS to:

TEAMWORKS
185 Otis Street
Northborough, MA 01532

chrisw@xcellacrosse.com • (508) 208-3920

For full team registration please contact XCEL Lacrosse at (508) 208-3920 or chrisw@xcellacrosse.com.

All registration prices are based on a valid TEAMWORKS membership. Non-members, please add \$15 to your registration for TEAMWORKS membership and insurance.

2012 PLAYER INFORMATION

Players Last Name		First	Middle Initial	Position <input type="checkbox"/> Midfield <input type="checkbox"/> Attack/Home <input type="checkbox"/> Defense <input type="checkbox"/> Goal
Birth Date (MMDDYY)	Age	Gender <input type="checkbox"/> M <input checked="" type="checkbox"/> F	Registration Type <input type="checkbox"/> Individual (place me on a team) <input type="checkbox"/> Team	(Team Registration Only) Team Name / Coordinator
Mailing Address		City	State	ZIP Code
High School/Program Affiliation		Email (schedule and updates will be sent via email)		Home Phone Number ()
		TEAMWORKS Membership? (Non-members add \$15 to league registration) <input type="checkbox"/> Yes <input type="checkbox"/> No		Membership #

EMERGENCY INFORMATION AND HOLD HARMLESS RELEASE FORM

Name of Parent / Guardian (please print)	Relationship to player	Emergency Number ()
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In consideration of being allowed to participate in any way in the Teamworks / XCEL Lacrosse programs, related events and activities, the undersigned acknowledges, appreciates and agrees that:

- The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
- I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, and assume full responsibility for my participation; and,
- I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
- I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Teamworks, LLC, XCEL Lacrosse, its officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("RELEASEES"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property; and,
- In the event that a claim is brought by Participant or Releasee against the other, the defendant shall be able to recover reasonable attorneys' fees if incurred in successfully defending against such claim.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____
SIGNATURE OF PARTICIPANT (OVER 18 YEARS OLD) DATE

FOR PARTICIPANTS OF MINORITY AGE (Under 18)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above.

X _____
PARENT/GUARDIAN SIGNATURE or PLAYER SIGNATURE IF 18 or OVER DATE

For office use only	
Sport: _____	Session: _____
Team: _____	Date Entered: _____